

Frequently Asked Questions

How do I sign my child up?

In order to reserve a spot for your child, a registration form must be completed. You can download this form at www.kingstonnovascotia.ca/summerday.htm, email daycamp@kingstonnovascotia.ca or stop into the Village of Kingston Office at 671 Main Street, Kingston. Forms can be faxed, emailed, or dropped off to the Village of Kingston Office. Please keep in mind that payment secures your child's spot and is due one full week before your child will be attending camp.

Who can attend your day camp?

Children ages 5-12 are welcome to attend camp. If your child is 5 or 12, a birth certificate must be presented upon registration. While we have a diverse age range of campers, there is always something for everyone! We work diligently to ensure your child has a memorable and positive camp experience.

How many staff will be present?

This summer, we will have 4 Counselors and 1 to 2 Junior Counselors present each day. Our camp is limited to 24 campers, which allows us to have a ratio of 6:1, not including the additional assistance that our Junior Counselors provide.

What kind of activities do you do at camp?

Our camp is always jam-packed full of fun! We offer a variety of arts and crafts, organized games, sports, guest speakers, water games and fun field trips to name a few!

What does a typical day at camp look like?

Time	Plan
7:30 am	Before Care
8:00 am	Arrival
8:30 am	Daily schedule / Daily expectations
8:45 am	Program option
10:00 am	Morning snack break (sunscreen)
10:30 am	Program option
11:00 am	Guest speaker
11:45 am	Prepare for lunch (sunscreen)
12:00 pm	Lunch
12:30 pm	Clean-up / Free play
1:00 pm	Remind of schedule & expectations
1:10 pm	Guest speaker
2:00 pm	Afternoon snack break (sunscreen)
2:30 pm	Program option

3:15 pm	Closing activity
3:30 pm	Departure & After Care

What is program option?

During 'Program option', we allow our campers to choose between two activities that they can participate in. These choices may include arts and crafts, organized games, sports, or water games to name a few.

What time does your camp start?

Our camp programming begins at 8:00 am and ends at 3:30 pm each day. We offer before care beginning at 7:30 am and after care until 4:00 pm daily for an extra fee.

What is the experience of your leaders?

The 4 Counselors on staff are very well trained and have several years experience in working with children, primarily in day camp settings and are also pursuing or wish to pursue an education in a field relevant to day camp work. All Counselors are required to complete a Criminal Record Check and Vulnerable Sector Search. Additional training includes High 5 Certification, First Aid & CPR, Reconnecting with Nature Certification, Risk Management and Behaviour Strategies courses to name a few.

How does your Junior Leader Program work?

Our Junior Leaders rotate throughout the summer and will be mentored by the Counselors. This is an opportunity for them to learn about being a Counselor and to have on-the-job training experience. Our Junior Counselors are between the ages of 13-15 and will aid our Counselors in implementing planned activities, being a role model, leading groups, ensuring safety guidelines are being followed and helping out in any appropriate manner that the Counselors see fit.

What is your camp mission?

The Kingston Summer Day Camp program looks to offer children ages 5-12 with the opportunity to partake in a variety of new and favourite recreation activities while promoting a healthy lifestyle. Furthermore, our camp strives to promote inclusivity and to create a safe place for all individuals who participate in our program.

Where is day camp located?

Day Camp will be located at the Kingston Recreation Hut on the corner of Westwood and Elm Street adjacent to the Credit Union Centre. While we have access to the rec hut, we also have a variety of other facilities available to us including basketball courts, shuffleboard, tennis courts, beach volleyball court, large playground area, soccer field, baseball diamond, bandstand and occasionally the Credit Union Centre. Whether it is rainy or sunny, we have so many options for us to have fun!

What should my child bring to camp?

Every day, your child should come to camp with a reusable water bottle, a lot of water, sunscreen, lunch, hat, bathing suit, towel and extra clothes.

What happens if my child is injured or isn't feeling well?

For minor injuries, our campers are capable of administering standard first-aid. If an injury is deemed major or severe (i.e.: the possibility of a head trauma, unconsciousness, deep wounds, broken bone, etc.), one Counselor will be designated to ensure the comfort of the injured camper and to provide standard first-aid or CPR, one Counselor will be designated to phone the parent or guardian listed on the child registration form, one Counselor will be designated to phone 911, and one Counselor will be designated to remove all remaining campers away from the scene. Junior Counselors on hand will help with removing the campers from the scene and phoning the Village of Kingston Office and Recreation Coordinator so that they are aware. This is the same procedure for any major medical incident (i.e.: seizure, anaphylaxis, etc.).

In the case of minor injuries, standard first-aid or CPR will be administered. In case of illness, a parent or guardian listed on the child's registration form will be called and will be required to pick up their child according to the camp's influenza policy.

In the instance of any injury or incident, a thorough report will be written by the witnessing Counselor(s) and will require signature by the camper's legal parent or guardian.

What is your cancellation policy?

Our camp has a wait-list of several campers each week. In order to ensure we can call someone on the waitlist, we require three business days notice of cancellation in order for a full refund to be granted.

Is there financial aid available?

Yes! Please visit www.kingstonnovascotia.ca/summerday.htm, to view our links for Canadian Tire Jumpstart and Kidsport. We do not want finances to deter someone from attending our camp. If you have any questions about these programs, or would like any further assistance, please feel free to contact daycamp@kingstonnovascotia.ca or phone 902-765-2800.

What trips do you take?

Each year, we have several trips that we take with our campers. Depending on the location, we will walk, take public transit, or use a chartered bus company. *It is important to note that some trips and activities that our campers will partake in have extra associated costs.* Please see the 'Trip Information Sheet' attached to the registration form for additional information. Due to the safety of our participants and our duty to ensure

our Counselor to Camper ratio is maintained for safe supervision standards, we cannot allow a camper who is registered for camp on a trip day to opt out of the trip and stay at the Recreation Hut.

Is my friend registered for camp the same week I am?

Due to limitations of confidentiality and to ensure the safety of our campers, we cannot tell you who else is registered for camp during the same time that your child will be attending.

Will I need to provide lunch and beverages for my child?

Yes! Unless otherwise stated, we do not provide lunch for our campers. It is important to pack a healthy lunch with your child every day that they come to camp. We also have a fridge and microwave that can be used under the supervision of our staff. Please ensure your child comes to camp with a reusable water bottle and plenty of water each and every day. *On trip days, it is important that you pack a trip-friendly lunch for your child.* Please note that we will NOT have access to a microwave or fridge on trip days.

How do you enforce sun safety?

We ask that parents ensure their child has sunscreen on before they come to camp. We have three designated times during the day when campers will reapply their sunscreen. We recommend at least SPF 30 sunscreen. Please label your child's sunscreen bottle with their first and last name. We will have a designated area in the Recreation Hut where campers can store their sunscreen if they so choose. Staff are also asked to remind campers to wear their hats when outside for prolonged periods of time. While as a staff, we do work diligently to ensure all campers are following the camp sun safety guidelines, it is up to the individual child to ensure they are listening and following through on these guidelines. In order to assist the day camp staff, we ask that parents or guardians please have a sun safety talk with their children and speak to a pharmacist about the best SPF and brand of sunscreen for your child.

Have more questions?

Email daycamp@kingstonnovascotia.ca, phone 902-765-2800 or 902-804-2267, or stop in to the Village of Kingston Office at 671 Main Street, Kingston.